

Foundational - Seclusion Initiation and Management


Use of the seclusion room is a last resort measure to contain behaviour escalation. The seclusion room is a locked, low-stimulation room meant to help patients de-escalate. These are typically used in the Emergency Department and Mental Health units.

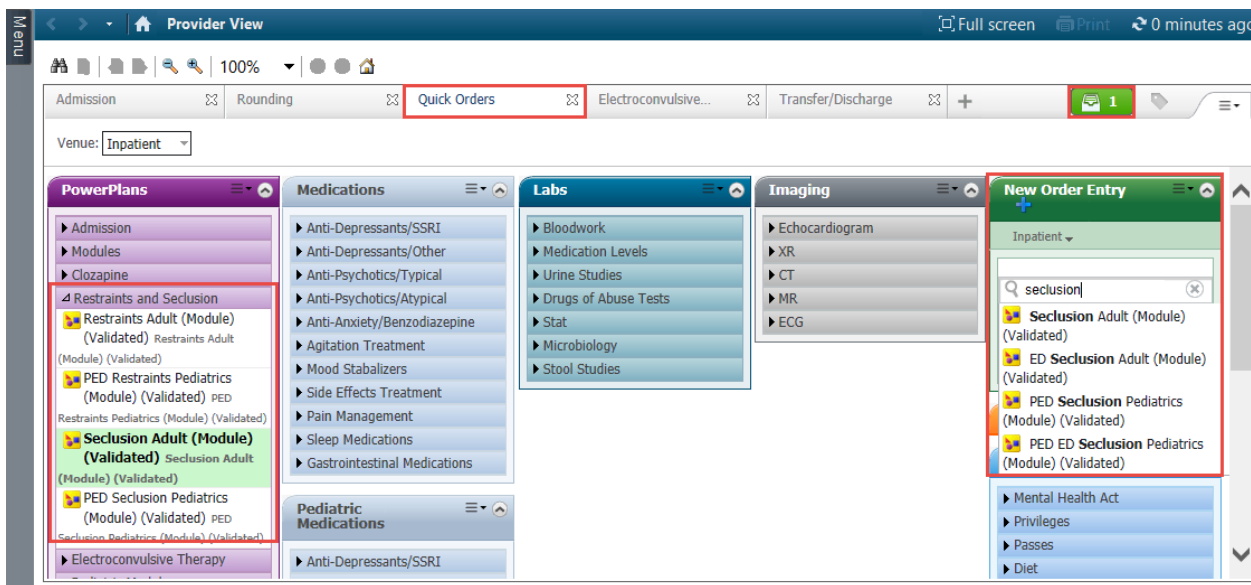
Once the situation is contained, the seclusion initiation and management process can begin with the Nurse contacting the Provider to assess the patient and place the necessary orders.

Provider Steps

1. Search for the **Seclusion** PowerPlan order in the PowerPlans folder in the Quick Orders page. Alternatively, you may use the New Order Entry function on the Quick Orders page.

Choose the order that is appropriate for your work area and patient population. For example, if you are in the ED, choose ED Seclusion. If you are in a Pediatric area, choose PED Seclusion.

Click the **Orders for Signature**  button and select **Modify** in the Orders for Signature window.



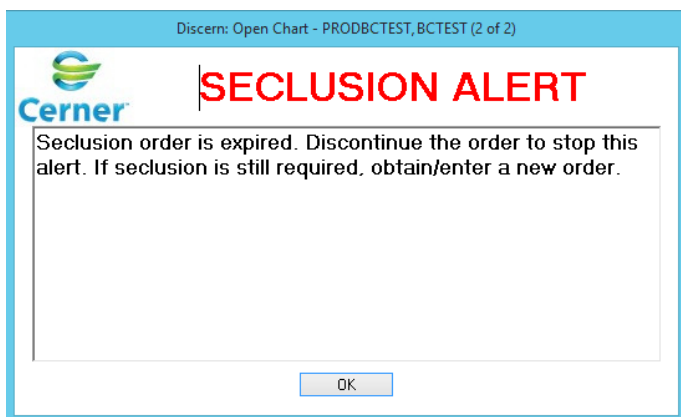
There are 3 components to the Seclusion order: Initiation, Monitoring and Evaluation, and Debrief. These options are preselected for your convenience.

				Add to Phase		Check Alerts		Comments	Start:	Now		Duration:	None	
			Component			Status		Dose...		Details				
Seclusion Adult (Module) (Validated) (Planned Pending)														
		Patient Care												
<input checked="" type="checkbox"/>		Seclusion Initiation			T:N Orders must be reviewed as per site guidelines									
<input checked="" type="checkbox"/>		Seclusion Monitoring and Evaluation			T:N Monitor and evaluate as per site guidelines									
<input checked="" type="checkbox"/>		Seclusion Debrief			T:N Reflection and review is to be completed as soon as possible within 24 h...									

First click **Initiate**, then click **Orders for Signature** and finally click **Sign**. This immediately activates the Seclusion PowerPlan.

2. Complete a **Progress Note** to document your assessment by selecting the **Psychiatry Progress Note** shortcut from the Rounding tab of the Provider View page.

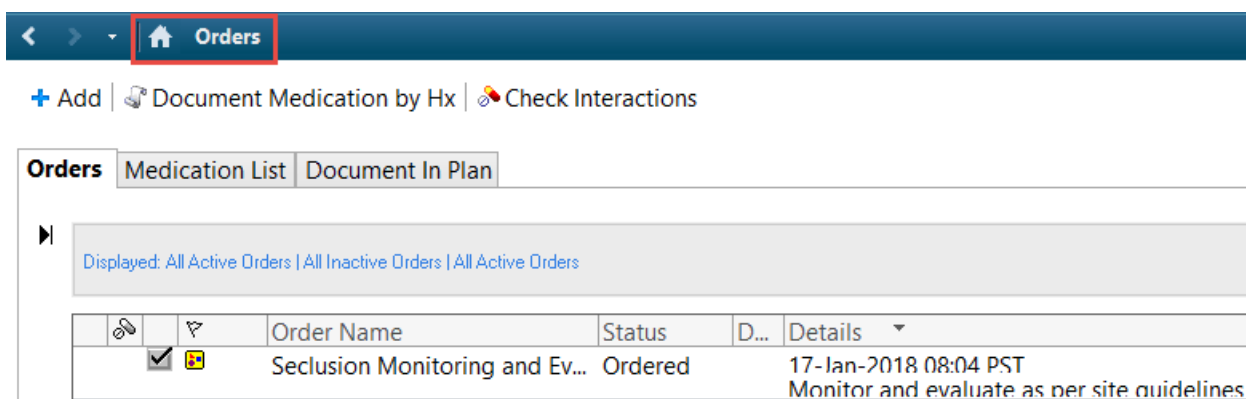
The system will alert you each time upon opening the chart after 24 hours for adults and once every 1 hour for children and youth under 18 years old to review the seclusion order. Based on your assessment, cancel and reorder or discontinue the Seclusion Monitoring and Evaluation order.



- Participate in the unit debrief once the seclusion is discontinued.

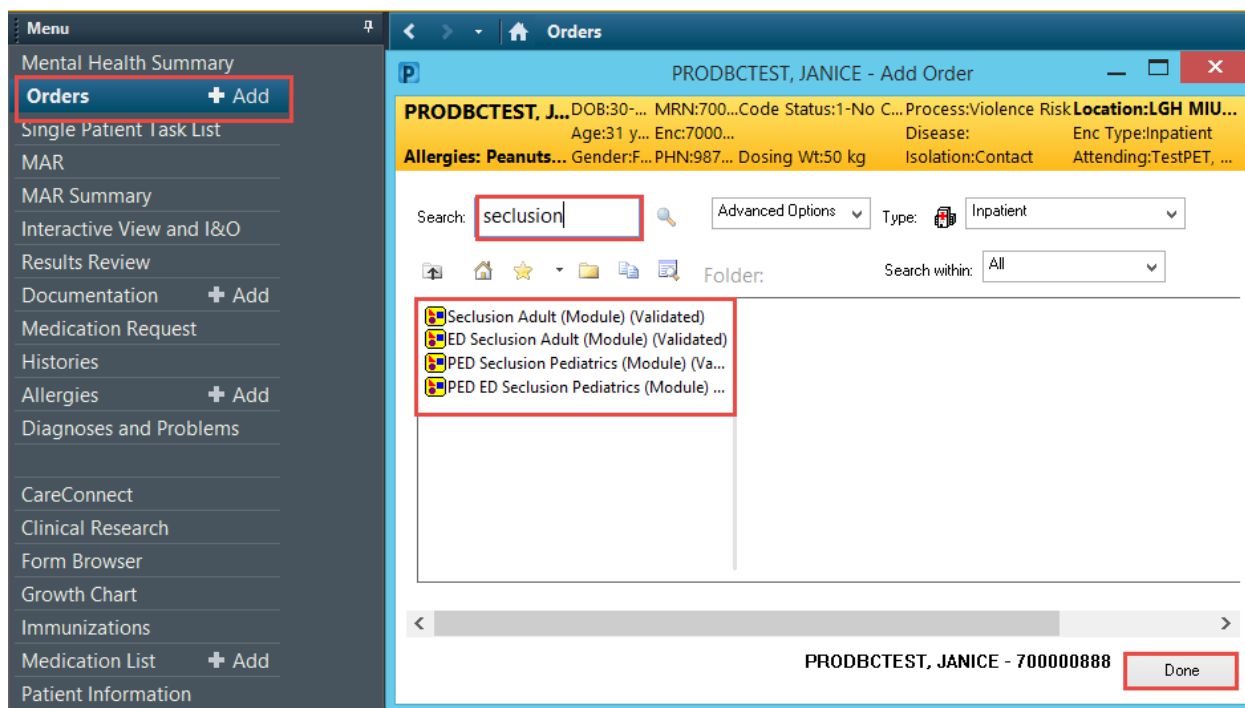
Nurse Steps

- Review the seclusion order placed by the Provider.



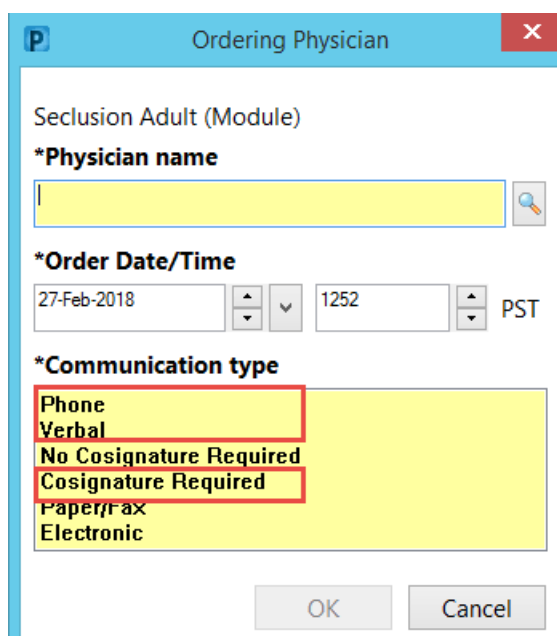
- Enter the **seclusion** PowerPlan that is appropriate based on your work area and patient population if the Provider is unable to enter an order in the system.

For example, if you are in the ED, choose ED Seclusion. If you are in a Pediatric area, choose PED Seclusion.



IMPORTANT: For nurse-initiated seclusion orders in emergency situations without an order, enter an order for cosignature at a later time using the on-call or Most Responsible Provider's name.

For an order received by the Provider verbally or by telephone, enter a verbal or telephone order using that Provider's name.

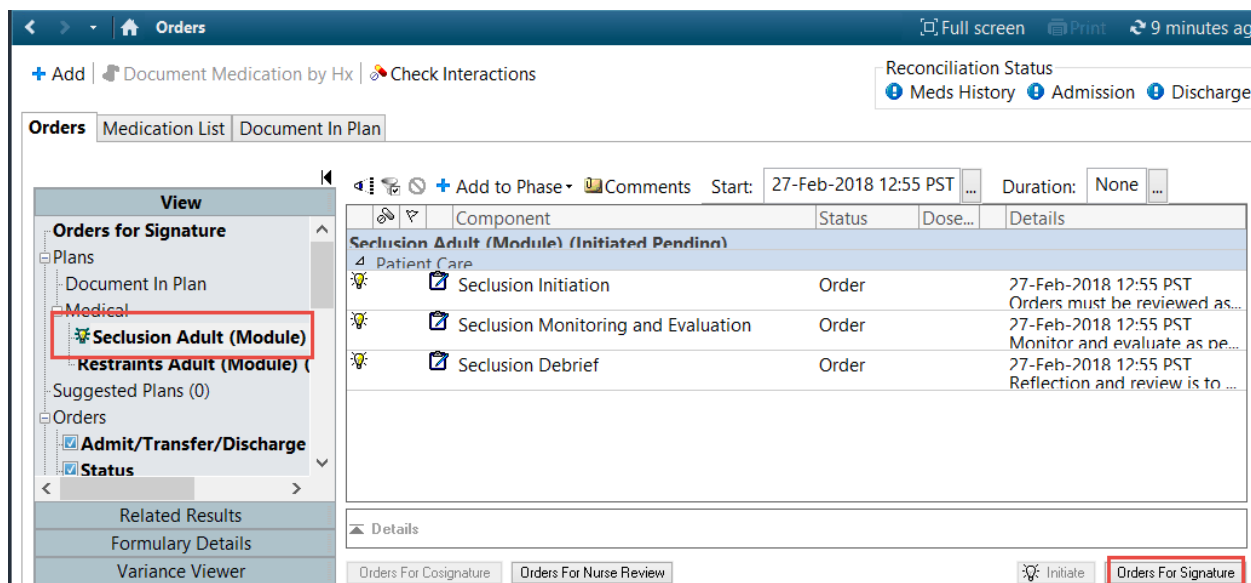


3. Click **Initiate** to activate the PowerPlan immediately  .



NOTE: To place the PowerPlan in a planned state, click Sign only.

4. Review and click **Orders for Signature**.

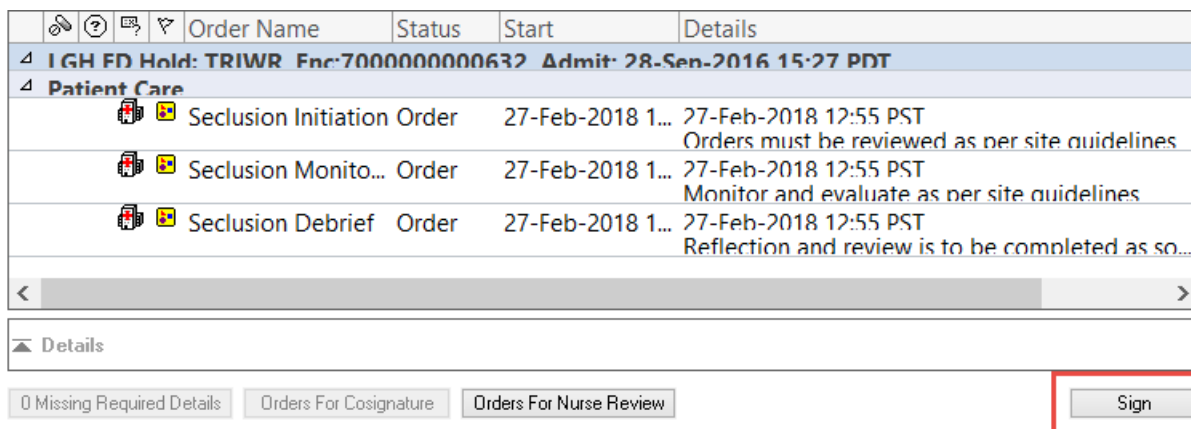


The screenshot shows the 'Orders' interface with the 'Seclusion Adult (Module)' order selected. The order is in a 'Planned' state. The 'Orders for Signature' button is highlighted with a red box.

Component	Status	Dose...	Details
Seclusion Adult (Module) (Initiated Pending)			
Patient Care			
Seclusion Initiation	Order		27-Feb-2018 12:55 PST Orders must be reviewed as...
Seclusion Monitoring and Evaluation	Order		27-Feb-2018 12:55 PST Monitor and evaluate as pe...
Seclusion Debrief	Order		27-Feb-2018 12:55 PST Reflection and review is to ...

Buttons at the bottom: Orders For Cosignature, Orders For Nurse Review, Initiate, **Orders For Signature** (highlighted).

5. **Sign** the PowerPlan.



The screenshot shows the 'Orders' interface with the 'Seclusion Adult (Module)' order selected. The 'Sign' button is highlighted with a red box.

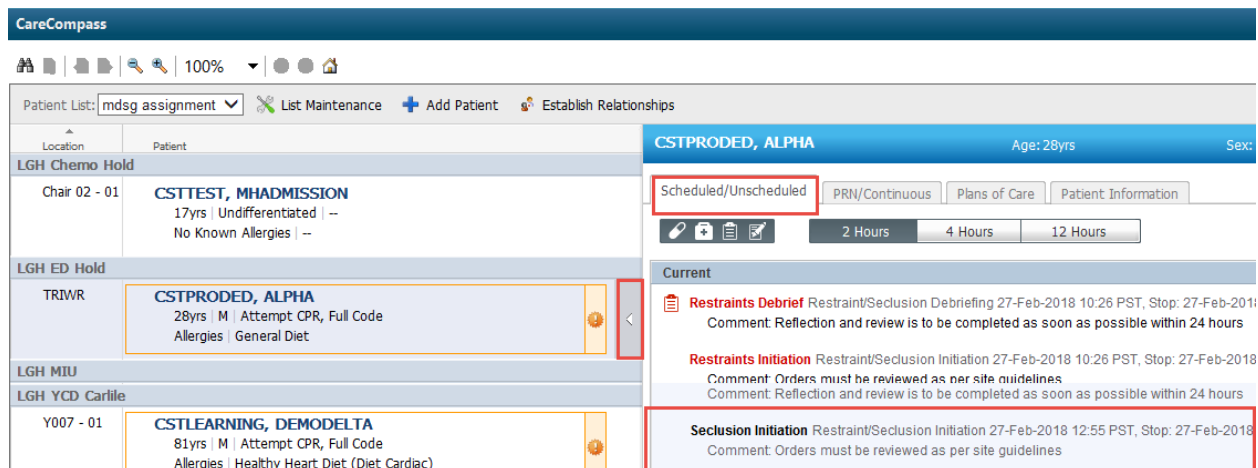
Order Name	Status	Start	Details
IGH ED Hold: TRIWR Enc: 7000000000632 Admit: 28-Sep-2016 15:27 PDT			
Patient Care			
Seclusion Initiation Order	Order	27-Feb-2018 1...	27-Feb-2018 12:55 PST Orders must be reviewed as per site guidelines
Seclusion Monito... Order	Order	27-Feb-2018 1...	27-Feb-2018 12:55 PST Monitor and evaluate as per site guidelines
Seclusion Debrief Order	Order	27-Feb-2018 1...	27-Feb-2018 12:55 PST Reflection and review is to be completed as so...

Buttons at the bottom: 0 Missing Required Details, Orders For Cosignature, Orders For Nurse Review, **Sign** (highlighted).

There are 3 components to the seclusion order: Initiation, Monitoring and Evaluation, and Debrief. All 3 components fire tasks to the Care Compass Task List.

6. Move the patient to the seclusion room using the **Bed Transfer** function in PM conversation.

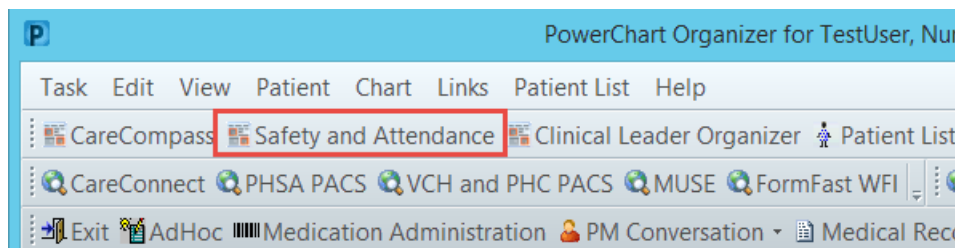
- Document the **Seclusion Initiation** task found in the Scheduled/Unscheduled tab of the Care Compass Task List.



The screenshot shows the CareCompass interface. On the left, a patient list is visible with entries for 'CSTTEST, MHADMISSION' and 'CSTPRODED, ALPHA'. The 'CSTPRODED, ALPHA' entry is highlighted. On the right, the patient details for 'CSTPRODED, ALPHA' are shown, including age (28yrs) and sex. The 'Scheduled/Unscheduled' tab is selected, and the 'Seclusion Initiation' task is highlighted. The task details include: 'Restraint/Seclusion Initiation 27-Feb-2018 10:26 PST, Stop: 27-Feb-2018', 'Comment: Orders must be reviewed as per site guidelines', and 'Comment: Reflection and review is to be completed as soon as possible within 24 hours'.

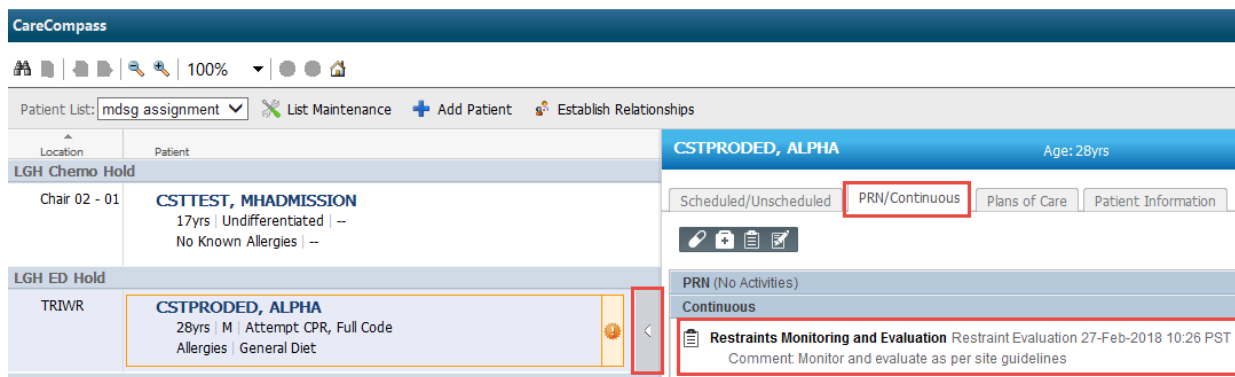
- Initiate seclusion care and monitoring as per your site policies.

Document the observations as per your site policy. If you are in a Mental Health care area, you can access the observation record through iView or Safety and Attendance found in the Organizer toolbar.



The screenshot shows the PowerChart Organizer interface. The 'Safety and Attendance' tab is selected in the toolbar. The toolbar also includes options for 'Task', 'Edit', 'View', 'Patient', 'Chart', 'Links', 'Patient List', 'Help', 'CareCompass', 'Clinical Leader Organizer', 'Patient List', 'CareConnect', 'PHSA PACS', 'VCH and PHC PACS', 'MUSE', 'FormFast WFI', 'Exit', 'AdHoc', 'Medication Administration', 'PM Conversation', and 'Medical Record'.

Document a more detailed assessment in the Seclusion Monitoring and Evaluation task found in the PRN/Continuous tab of the CareCompass Task List.



The screenshot shows the CareCompass interface. On the left, the patient list is visible with 'CSTPRODED, ALPHA' highlighted. On the right, the patient details for 'CSTPRODED, ALPHA' are shown, including age (28yrs) and sex. The 'PRN/Continuous' tab is selected, and the 'Seclusion Monitoring and Evaluation' task is highlighted. The task details include: 'Restraint Evaluation 27-Feb-2018 10:26 PST', 'Comment: Monitor and evaluate as per site guidelines'.

Once the patient is ready to be released from the seclusion room, A Nurse or Provider can discontinue the **Seclusion Monitoring and Evaluation** order by right clicking on the PowerPlan module. The Seclusion Debrief order can remain on the chart until the debrief is completed.

9. Debrief with the team and document this in the **Seclusion Debrief** task in the Scheduled/Unscheduled tab of the CareCompass Task List.
10. Move the patient back to his or her assigned room via the **Bed Transfer** function in PM Conversation.
11. Update violence alerts or other risk alerts in the patient chart as necessary.
12. Report the incident in your site's safety reporting system.

Related Topics

- Foundational – Restraint Initiation and Management
- Mental Health – Seclusion and Restraint Documentation for Nursing
- Provider – Restraint and Seclusion Order Initiation and Management
- Mental Health - Safety and Attendance Page
- Foundational – PowerPlans

Related Positions

- Nurse
- Provider

Key Words

- Seclusion